

ACL Reconstruction – Patellar Tendon Graft

Name: _____
Dr: Cinque

DOB: _____
DOS: _____

ROM RESTRICTIONS

Full Range of Motion

BRACE SETTINGS

T scope 0-0 x
2 weeks or
until no quad
lag then
0-90 until
6wks

**Weight
Bearing
status**

Partial
weight
bearing x 2
weeks

[illegible]